K-PREP NEWS



April is National Autism Acceptance Month!

Help us celebrate World Autism Awareness Day on Wednesday, April 2nd by wearing blue!

Summer is coming!
Temporary Change of
Schedule and Graduate
Student Withdrawal
forms available now on
the shelves inside the
door. For more info, see
Ms. Sam! Thanks!

April FUN DAYS

Wed, April 2nd – Wear BLUE Wed, April 16th – PJ Day Mon, April 28th – Pay It Forward – Do something nice for someone



Earth Day Celebration

We welcome families of our PS/PK classrooms to attend our Earth Day Celebration on Tuesday, April 22nd from 9:30-10:30am! Look for more information soon!

Edible Classroom

We're excited to welcome back the wonderful staff from the Edible Classroom! We look forward to another wonderful season of garden education and fresh produce! Lessons begin on Thursday, April 3rd.

Autism in Young Children

"If you've met one person with autism, you've met one person with autism."

Autism Facts -

- Autism affects an estimated
 1 in 36 children.
- Boys are nearly 4x more likely to be diagnosed than girls.
- Autism can be reliably diagnosed by age 2, but the average diagnosis comes around age 5.
- Early Intervention and therapies can make a big difference in a person's skills and outcomes later in life.
- You don't need to wait for a diagnosis for your child to receive services.



"Not all autistic children will have all these behaviors, but most will have several of the behaviors listed below. That's why professional evaluation is crucial."

Signs of Autism at Any Age -

- Loss of previously acquired speech, babbling or social skills
- Avoidance of eye contact
- Persistent preference for solitude
- Difficulty understanding other people's feelings
- Delayed language development
- Persistent repetition of words or phrases (echolalia)
- Resistance to minor changes in routine or surroundings
- Restricted interests
- Repetitive behaviors (flapping, rocking, spinning, etc.)
- Unusual and intense reactions to sounds, smells, tastes, textures, lights and/or colors

Autism in Young Children





What to do after the diagnosis?

- 1. Autism Speaks offers free resources, such as
 - a. 100 Day Kit

https://www.autismspeaks.org/tool-kit/100-day-kit-young-children

b. A Parent's Guide to Autism https://www.autismspeaks.org/tool-kit/parents-guide-autism

- c. Local support and events
- 2. Early Intervention
 - a. Birth 3yrs
 - b. 3yrs 5yrs
- 3. Private Therapy
 - a. Applied Behavioral Analysis
 - b. Speech
 - c. Occupational
 - d. Physical
 - e. Behavioral Health

1. Learn the signs.

2. Take the M-CHAT-R screening –

https://www.autismspeaks .org/screen-your-child

3. Schedule with your child's pediatrician.

Local Resources -

Lancaster County Early
Intervention (Birth-3yrs) – 717-399-7323 –

https://www.lancastercountybhds.or g/35/Early-Intervention

- Lancaster/Lebanon Intermediate
 Unit 13 (3-5yrs) 717-606-1601 –
 www.iu13.org
- Find your local Autism Speaks
 Organization -

https://www.autismspeaks.org/autism-speaks-locations

Center for Autism &
Developmental Disabilities (CADD)
717-735-1920 -

https://www.wellspan.org/locations/ center-for-autism-developmentaldisabilities-cadd-loc0000169658

• Infant/Early Childhood Mental Health (IECMH) -

https://www.pakeys.org/iecmh/