



Secondary Class ~ Preschool

Age	Ratio
3 years - 4 years	1 teacher for every 10 children
<p>Preschool children are fully potty trained. They are in underwear all day and over nap time. With routine reminders, they stay dry and are independent in using the bathroom. Preschool children understand limits, rules and routines. Preschool children are more independent than toddlers in both play and daily routines. They can self-comfort without pacifiers and are able to adjust to a school environment quickly each day.</p>	

“I am very excited to be going to school! Every day I learn more about the people in my environment. Playing with my friends is sometimes a little challenging since I am still learning about their emotions and feelings. I am excited to see my friends at school, but some days I am nervous to leave my mom and dad behind.

I can't wait to grow up. I want to know how and why things work. I want to be like grown ups I know. I want to read books, draw pictures, write shopping lists, serve meals and fix things. Preschool is a great adventure where I can develop my reading, writing and creative art skills. I feel so good about myself when I learn new skills like counting, writing my name and zipping my coat.”



What to bring for your child: Please LABEL everything!!!	What K-Prep Provides:
Extra set of seasonal clothing Warm coat, gloves & hat in winter Sunscreen in summer	Cot sheet & blanket Daily lunches & snacks Art & Activity supplies

We know how important it is for your child to feel “Big.” Our classroom setting offers many opportunities for independent learning, beginning responsibility and a safe and creative exploration of science concepts, reading, writing, math and the arts. Throughout the day your preschooler can get involved in a group activity, read a book, play make-believe with a friend, assist a teacher, learn to solve a conflict or take time to work on a new skill.

What to know when your child is in the Preschool Class....

Sleeping Is *important!!*

It is hard for your child to grow and develop if they do not get adequate rest. Even children who have outgrown a nap can benefit from quiet rest time. Nap time is between 1:00 pm - 3:00 pm. Students are encouraged but not required to sleep, and a teacher will sit next to them and rub their back to help them relax and sleep if preferred. All children are expected to lay still and quiet to allow their body to rest *and* to give other children an opportunity to sleep. Books, puzzles or other activities are not allowed during nap.

Eating ... developing nutrition and not having a power struggle.

Lunch is often served buffet-style, and children are given multiple choices each day and are asked to pick at least 3 items to try on their plate. Children may have multiple portions. Water and cow's milk is available and desserts or sweet treats are saved for special occasions. Morning and afternoon snacks are also served. Healthy eating habits start with adults offering food, children choosing to eat or not to eat and everyone is relaxed.

Potty Training ... children in underwear all day.

Preschool children are required to be in underwear all day, including naptime. Children are sent to the bathroom regularly and may go whenever needed throughout the day. They are *not expected* to ask when they need to go but we do encourage it when possible. Children are expected to wipe themselves and if they need support, to ask. This is not logged on a daily report.

Cognitive Skills ... the beginning of "school."

Particular attention is paid to developing reading, writing and math skills for kindergarten preparation. Reports with lessons are sent daily, progress reports are sent semi-annually and requesting a conference with the teacher is always available. Learning happens inside and outside all day long. Teachers have directed lessons and engage during student directed activities.

Outside ... in the garden, on the climbers, play is learning.

Children spend considerable time playing outside in all four seasons! Plan to dress appropriately in winter with hats, warm coats, boots. In summer have sunscreen, sun hats and water play materials. Children are encouraged to try putting on their own coats, hats, shoes, etc., and teachers offer support as needed.

Discipline ... preventative more than reactive.

The focus for behavior in this class is on *teaching* appropriate expectations. Social-Emotional skills are intentionally taught twice a week in Al's Pals Lessons. Conflict resolution between peers is modeled and supported throughout the day. Aggression toward other students or teachers is not allowed.

Quick Overview of the Classroom Schedule

Meals - 9:15 am Morning Snack / 12:00 Lunch / 3:00 pm Afternoon Snack / 5:15pm Evening Snack

Naps - 1:00 pm - 3:00 pm on cots.

Learning Time -Teacher directed lessons happen between 9 am - 12 am.

Outside - Intermingled throughout the day, depending on lessons and activities.