

The following is the current menu for K-Prep Learning Center.

At K-Prep, we try to provide healthy food and encourage healthy eating habits. Our menu follows the health guidelines set by the Department of Public Welfare. In addition, our menu does not include daily desserts. We save cookies, cakes and extra fun food for special occasions, i.e. birthdays

Monday	Tuesday	Wednesday	Thursday	Friday
Dry Cereal Water	Dry Cereal Water	Dry Cereal Water	Dry Cereal Water	Dry Cereal Water
Chicken Dogs on Roll Green Beans Cheese Stick Fruit cup / Applesauce Milk	Meatballs with Bread Peas Cheese Stick Fruit cup / Applesauce Milk	Chicken Nuggets Corn Cheese Stick Fruit cup / Applesauce Milk	Chicken noodle soup or Toasted Cheese Ravioli Carrots Cheese Stick Fruit cup / Applesauce Milk	Pancakes Breakfast Sausage Fruit Variety Cheese Stick Fruit cup / Applesauce Milk
Animal Crackers	Graham Crackers	Goldfish	Vanilla Wafers	Crackers

   **YES**    **NO** I allow my child to be given **any of the above items on this menu**. I understand that children are unpredictable and sometimes the food scheduled to be offered one day may be offered on a different day. I understand it is my responsibility to inform my child's school in writing of any changes that need to be made to this form. **Initial** \_\_\_\_\_

   **YES**    **NO** I allow my child to participate in creative learning that might include food items not on the regular menu. **Initial** \_\_\_\_\_

   **YES**    **NO** My child can **only** have the items I check below. It is my responsibility to share allergy information or personal exception information with the center. On any day that my child can not eat lunch or snacks, I will provide a meal from home. K-Prep is not responsible for refrigeration or heating of any food from home. Food from home may not contain nuts. **Initial** \_\_\_\_\_

Cereal (Cheerios)	Chicken Hot Dogs	Green Beans	Roll
Animal Crackers	Meatballs	Peas	Bread
Graham Crackers	Chicken Nuggets	Corn	Pancakes
Goldfish	Sausage	Carrots	Applesauce
Vanilla Wafers	Toasted Cheese Ravioli	Fruit Variety	Milk
Ritz Crackers / Saltines	Chicken Noodle Soup	Cheese stick	Water

**YES**  **NO** My child has the following documented food allergies from a medical provider. *Family must provide Care Plan for allergies.* **Initial** \_\_\_\_\_

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**YES**  **NO** My child has the following special dietary needs. \_\_\_\_\_ **Initial** \_\_\_\_\_

**YES**  **NO** My child may participate in birthday / holiday treats. **Initial** \_\_\_\_\_

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child's name

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parent/legal guardian 1 signature

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Date signed